

**SACRAMENTO
PLAYER DEVELOPMENT ACADEMY
presents**

UNDER 8 ACADEMY SESSION 2!

Players will have small group and individual activities for the first half of the session and then be put into teams and play 4x4 matches every week

Course Curriculum:
Relay Races, Hand Ball, Speed and Agility, Guided Discovery
Footskills, Brazilian Balls, Mini Balls, Small Sided Games

Outside, Inside, Bottom, Top of Foot Movements,
Gross Motor Activities (good for all sports)

JOSH FITZGERALD - COACHING DIRECTOR

+Manchester United Soccer Schools Certificate
+17 years youth coaching experience
+NSCAA National Youth Diploma
+NSCAA Advanced National Diploma
+USSF National License

+Technical Director - Extreme Summer Soccer Camps
+Olympic Development Program
+NSCAA Director of Coaching Diploma
+NSCAA National Diploma
+Brazilian Level 3 License

REGISTRATION INFO

CLASS SIZE IS LIMITED, PLEASE REGISTER IN ADVANCE



Where?

Off The Wall Indoor Soccer Arena

When?

Fridays (Mar 19, 26, Apr 9, 16,23,30)

Cost?

4:00PM - 5:30PM

6 classes for \$75



Player Name: _____ **Age:** _____

Parent Name: _____

Phone: _____ **Email:** _____

Return this form and your payment of \$75.00 payable to: Off The Wall Soccer 5 Wayne Court Sac 95829